

# DAVID B. FELDMAN, PH.D.

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## *Education*

### **Postdoctoral Fellowship, VA Palo Alto Health Care System, Palo Alto, CA (2004-2005)**

*Program:* Postdoctoral fellowship focused on populations with chronic, life-limiting, and terminal medical conditions. Activities included research, clinical work, and supervision of psychology interns and practicum students.

*Clinical Settings:* Hospice and Palliative Care Center, Oncology-Hematology Outpatient Clinic, Behavioral Medicine Consult Service, Spinal Cord Injury Center

### **Clinical Psychology Internship, VA Palo Alto Health Care System, Palo Alto, CA (2003-2004)**

*Program:* American Psychological Association accredited clinical psychology internship program

*Clinical Settings:* Hospice and Palliative Care Center, Spinal Cord Injury Center, National Center for Posttraumatic Stress Disorder, Outpatient Mental Health Clinic

### **Ph.D. in Clinical Psychology, University of Kansas, Lawrence, KS (1998-2004)**

*Program:* American Psychological Association accredited clinical psychology program

### **B.A., DePauw University, Greencastle, IN (1994-1998)**

*Major:* Psychology, *Minor:* Spanish

Graduated Magna Cum Laude

## *Areas of Expertise*

- Hope—research, measurement, and applications in healthcare and educational contexts
- Psychological aspects of chronic and terminal medical illness
- Well-being and burnout in healthcare professionals
- Resilience
- Psychotherapeutic interventions derived from positive-psychology constructs
- Posttraumatic stress and posttraumatic growth
- Evidence-based practices
- Cognitive-Behavioral Therapies

## *Publications*

### **Journal Publications**

Feldman, D. B., Balaraman, M., Cawasji, U., & Riney-Niewiadomski, J. M. (in press). Optimism, hope, and coping during practicum: Predicting changes in perceived clinical competence. *Counseling Psychology Quarterly*.

Budescu, M., & **Feldman**, D. B. (in press). When it comes to hope, the “rich get richer”: A daily diary study of fluctuations in state hope. *Personality and Individual Differences*.

Fischer, I. C., **Feldman**, D. B., Tsai, J., Harpaz-Rotem, I., & Lucas, K. A. (in press). Identifying significant correlates of purpose in life in older U.S. military veterans: Results from the national health and resilience in veterans study. *International Psychogeriatrics*.

Fischer, I. C., Nichter, B., Aunon, F.M., **Feldman**, D. B., Levy, B. R., Esterlis, I., & R. H. Pietrzak (in press). Suicidal Thoughts and Behaviors in Older US Military Veterans: Results from the National Health and Resilience in Veterans Study. *American Journal of Geriatric Psychiatry*.

Fischer, I. C., Nichter, B., **Feldman**, D.B., Na, P.J., Tsai, J., Harpaz-Rotem, I., Schulenberg, S., & Pietrzak, R.H. (in press) Purpose in life protects against the development of suicidal thoughts and behaviors in U.S. veterans without a history of suicidality: A 10-year nationally representative, longitudinal study. *Journal of Affective Disorders*.

Ge, J. L., **Feldman**, D. B., and Shu, T. (in press). The relationships of hope, optimism, and academic motivation with GPA among university students in Hong Kong. *Psychological Reports*.

**Feldman**, D. B., & Jazaieri, H. Feeling Hopeful: Development and Validation of the Trait Emotion Hope Scale. *Frontiers in Psychology*, 15, 1322807.

Corn, B. W., **Feldman\***, D. B., Subbiah, I. M., Corn, P. D., Bakitas, M. A., Krouse, R. A., Hudson, M. F., Fowler, L. A., Fraser, V., Siegal, C., Agarwal, R., Ge, J. L., Parajuli, J., Myers, J. S., O'Rourke, M. A. (2023). Feasibility and acceptability of an online intervention to enhance hopefulness among oncology professionals. *Journal of the National Cancer Institute: Cancer Spectrum*, 7, 1-5.

**\*Co-first authorship (common practice in medical journals)**

Fischer, I. C., **Feldman**, D. B., Tsai, J., Harpaz-Rotem, I., McCutcheon, V. E., Schulenberg, S. E., & Pietrzak, R. H. (2023). Purpose in life and physical health in older US military veterans: Cross-sectional results from the National Health and Resilience in Veterans Study. *Preventive Medicine*, 170, 107495.

**Feldman**, D. B., Jazaieri, H., O'Rourke, M. A., Bakitas, M. A., Krouse, R. S., Deiningner, H. E., Hudson, M. F., & Corn, B. W. (2023). Healthcare professionals' lay definitions of hope. *Journal of Happiness Studies*, 24, 231–247.

**Feldman**, D. B., O'Rourke, M. A., Corn, B. W., Hudson, M. F., Patel, N., Agarwal, R., Fraser, V., Deiningner, H., Fowler, L. A., Bakitas, M. A., Krouse, R. A., & Subbiah, I. M. (2022). Development of a measure of clinicians' self-efficacy for medical communication (SEMC). *BMJ Supportive and Palliative Care*, 003593.

**Feldman**, D. B., & Corn, B. W. (2022). Hope and cancer. *Current Opinion in Psychology*, 101506.

Corn, B. W., **Feldman**, D. B., Hull, J. G., O'Rourke, M. A., & Bakitas, M. (2022). Dispositional hope as a potential outcome parameter among patients with advanced malignancy: An analysis of the ENABLE database. *Cancer*, 128, 401-409.

**Feldman**, D. B. (2021). Hope and fear in the midst of coronavirus: What accounts for COVID-19 preparedness? *American Behavioral Scientist*, 65, 1929-1950.

Wedgeworth, M., Eyer, J., March, A., & **Feldman**, D. B. (2021). Hoping to pass: Randomized trial of a one-time hope intervention on standardized exam passing rates in BSN students. *Journal of the American Psychiatric Nurses Association*, 27, 9-21.

**Feldman**, D. B., O'Rourke, M. A., Bakitas, M. A., Krouse, R. S., Deiniger, H. E., Hudson, M. F., & Corn, B. W. (2021). Hope, burnout, and life satisfaction: An intriguing trinity among investigators of the SWOG cancer research network. *Journal of Clinical Oncology: Oncology Practice*, 17, e908-e916.

Corn, B. W., **Feldman\***, D. B., Schapira, L., Steensma, D. P., Loprinzi, C. L., & Bian, J. (2020). Oncologists' reluctance to use the terms hope and cure: A bibliometric analysis of articles from two high-impact oncology journals. *Journal of the National Cancer Institute: Cancer Spectrum*, 4, 1-4.

**\*Co-first authorship**

Rubens, S. L., **Feldman**, D. B., Soliemannjad, R. R., Sung, A., & Gudiño, O. G. (2020). Hope, daytime sleepiness, and academic outcomes in low-income, Latinx youth. *Child and Youth Care Forum*, 49, 743-757

Corn, B., **Feldman\***, D. B., & Wexler, I. (2020). The science of hope. *Lancet Oncology*, 21, 452-459.

**\*Co-first authorship**

Anderson, C. L., & **Feldman**, D. B. (2020). Hope and physical exercise: The contributions of hope, self-efficacy, and optimism in accounting for variance in exercise frequency. *Psychological Reports*, 123, 1145-1159.

Cheavens, J. S., Heiy, J. E., **Feldman**, D. B., Benitez, C. & Rand, K. L. (2019). Hope, goals, and pathways: Further validating the hope scale with observer ratings. *Journal of Positive Psychology*, 14, 452-462.

**Feldman**, D. B., Einav, M., & Margalit, M. (2018). Does family cohesion predict children's effort? The mediating roles of sense of coherence, hope, and loneliness. *Journal of Psychology: Interdisciplinary and Applied*, 152, 276-289.

Fischer, I. C., **Feldman**, D. B., Hirsh, A. T., Stewart, J. C., & Rand, K. L. (2018). Psychological well-being and the search for meaning: The moderating roles of hope, optimism, and the presence of meaning. *International Journal of Existential Positive Psychology*, 8, 1-12.

**Feldman**, D. B. (2017). Stepwise psychosocial palliative care: A new approach to the treatment of posttraumatic stress disorder at the end of life. *Journal of Social Work in End-of-Life and Palliative Care*, 13, 113-133.

**Feldman**, D. B., Gressis, R. A., & Fischer, I. C. (2016). Does religious belief matter for grief and death anxiety? Experimental philosophy meets psychology of religion. *Journal for the Scientific Study of Religion*, 55, 531-539.

**Feldman**, D. B., Oranit, D. B., Ben-Niam, S., Maza, E., & Margalit, M. (2016). Hope as a mediator of loneliness and academic self-efficacy among students with and without learning disabilities during the transition to college. *Learning Disabilities Research and Practice*, 31, 63-74.

Rosenstreich, E., **Feldman**, D. B., Davidson, O. B., Maza, E., & Margalit, M. (2015). Hope, optimism, and loneliness among first-year college students with learning disabilities: A brief longitudinal study. *European Journal of Special Needs Education*, 30, 338-350.

**Feldman, D. B., Davidson, O. B., Margalit, M. (2015).** Personal Resources, Hope, and Achievement among college students: The conservation of resources perspective. *Journal of Happiness Studies, 16*, 543-560.

**Feldman, D. B., & Kubota, M. (2015).** Hope, self-efficacy, optimism, and academic achievement: Constructs and levels of specificity in predicting college grade-point average. *Learning and Individual Differences, 37*, 210-216.

Dreher, D. E., **Feldman, D. B., & Numan, R. (2014).** Controlling Parents Survey: Measuring the influence of parental control on personal development in college students. *College Student Affairs Journal, 32*, 97-111.

**Feldman, D. B., Sorocco, K. H., & Bratkovich, K. L. (2014).** Treatment of posttraumatic stress disorder at the end-of-life: Application of the stepwise psychosocial palliative care model. *Palliative and Supportive Care, 12*, 233-243.

**Feldman, D. B., & Sills, J. R. (2013).** Hope and cardiovascular health-promoting behavior: Education alone is not enough. *Psychology and Health, 28*, 727-745.

**Feldman, D. B., & Dreher, D. E. (2012).** Can hope be changed in 90 minutes? Testing the efficacy of a single-session goal-pursuit intervention for college students. *Journal of Happiness Studies, 13*, 745-759.

Davidson, O. B., **Feldman, D. B., & Margalit, M. (2012).** A focused intervention for first-year college students: Promoting hope, sense of coherence and self-efficacy. *Journal of Psychology: Interdisciplinary and Applied, 146*, 333-352.

**Feldman, D. B. (2011).** Posttraumatic stress disorder at the end of life: Extant research and proposed psychosocial treatment approach. *Palliative and Supportive Care, 9*, 407-418.

Thompson, E., & **Feldman, D. B. (2010).** "Let Your Life Speak:" Assessing the effectiveness of a program to explore meaning, purpose, and calling with college students. *Journal of Employment Counseling, 47*, 12-19.

**Feldman, D. B., Rand, K. L., & Kahle-Wroblewski, K. (2009).** Hope and goal attainment: Testing a basic prediction of hope theory. *Journal of Social and Clinical Psychology, 28*, 479-497.

**Feldman, D. B., & Kaal, K. J. (2007).** Vicarious trauma and assumptive worldview: Beliefs about the world in acquaintances of trauma victims. *Traumatology, 3*, 21-31.

**Feldman, D. B., & Crandall, C. S. (2007).** The dimensions of mental illness stigma: What about mental illness causes social rejection? *Journal of Social and Clinical Psychology, 26*, 137-154.

**Feldman, D. B. (2006).** Can suicide be ethical? A utilitarian perspective on the appropriateness of choosing to die. *Death Studies, 30*, 529-538.

Cheavens, J. S., **Feldman, D. B., Gum, A., Michael, S. T., & Snyder, C. R. (2006).** Hope therapy in a community sample: A pilot investigation. *Social Indicators Research, 77*, 61-78.

Cheavens, J. S., **Feldman, D. B., Woodward, J. T., & Snyder, C. R. (2006).** Hope in cognitive psychotherapies: On working with client strengths. *Journal of Cognitive Psychotherapy, 20*, 135-145.

**Feldman, D. B., & Periyakoil, V.** (2006). Posttraumatic stress disorder at the end of life. *Journal of Palliative Medicine, 9*, 213-218.

**Feldman, D. B., & Snyder, C. R.** (2005). Hope and the meaningful life: Theoretical and empirical associations between goal-directed thinking and life meaning. *Journal of Social and Clinical Psychology, 24*, 401-421.

Snyder, C. R., Sigmon, D., & **Feldman, D. B.** (2003). Hope for the sacred and vice versa: Positive goal-directed thinking and religion. *Psychological Inquiry, 13*, 201-238.

Snyder, C. R., Lopez, S. J., Shorey, H. S., Rand, K. L., & **Feldman, D. B.** (2003). Hope theory, measurements, and applications to school psychology. *School Psychology Quarterly, 18*, 122-139.

Shorey, H. S., Snyder, C. R., Rand, K. L., Hockemeyer, J. R., & **Feldman, D. B.** (2003). Somewhere over the rainbow: Hope theory weathers its first decade. *Psychological Inquiry, 13*, 322-331.

**Feldman, D. B.** (2002). Functionalism in cognitive neuroscience and radical behaviorism: Narrowing the focus of debate. *The Behavior Therapist, April*, 73-78.

Snyder, C. R., **Feldman, D. B.**, Shorey, H. S., & Rand, K. L. (2002). Hopeful choices: A school counselor's guide to hope theory. *Professional School Counseling, 5*, 298-306.

Snyder, C. R., Rand, K., King, E., **Feldman, D. B.**, & Woodward, J. T. (2002). "False" hope. *Journal of Clinical Psychology, 58*, 1003-1022.

Ilardi, S. S., & **Feldman, D.** (2001). The cognitive neuroscience paradigm: A unifying metatheoretical framework for the science and practice of clinical psychology. *Journal of Clinical Psychology, 57*, 1067-1088.

Ilardi, S. S., & **Feldman, D.** (2001). On mental events, disciplinary boundaries, and reductionism: A reply to Plaud. *Journal of Clinical Psychology, 57*, 1103-1107.

Ilardi, S. S., & **Feldman, D.** (2001). Cognitive neuroscience and the progress of psychological science: Once more with feeling (and other mental constructs). *Journal of Clinical Psychology, 57*, 1113-1117.

Ilardi, S. S., & **Feldman, D.** (2001). Toward rapprochement: Comments on the role of biological science within cognitive neuroscience and radical behaviorism. *Journal of Clinical Psychology, 57*, 1121-1124.

Snyder, C. R., **Feldman, D. B.**, Taylor, J. D., Schroeder, L. L., & Adams III, V. (2000). The roles of hopeful thinking in preventing problems and promoting strengths. *Applied & Preventive Psychology: Current Scientific Perspectives, 15*, 262-295.

**Feldman, D. B.** (1999). Spirituality: Mobilized in pursuit of the sacred. *Journal of Social and Clinical Psychology, 19*, 293-295.

### **Books**

Cheavens, J. S., & **Feldman, D. B.** (2022). *The science and application of positive psychology*. New York: Cambridge University Press.

**Feldman, D. B., & Kravetz, L. D. (2018).** 幸存心理学 [*Supersurvivors*]. Beijing, China: CITIC. (Simplified Chinese Translated Edition)

**Feldman, D. B., & Kravetz, L. D. (2016).** 韌性 [*Supersurvivors*]. Taipei, Taiwan: Briefing Press. (Traditional Chinese Translated Edition)

**Feldman, D. B., & Kravetz, L. D. (2015).** 슈퍼서바이버 [*Supersurvivors*]. Seoul, South Korea: KPI/Books on Wednesday. (Korean Translated Edition)

**Feldman, D. B., & Kravetz, L. D. (2015).** *Supersurvivors: The surprising link between suffering and success*. London: Random House. (Indian English Language Edition)

**Feldman, D. B., & Kravetz, L. D. (2015).** *Supersurvivors: The surprising link between suffering and success*. New York: HarperCollins. (Paperback Edition)

**Feldman, D. B., & Kravetz, L. D. (2014).** *Supersurvivors: The surprising link between suffering and success*. New York: HarperCollins. (Hardcover Edition)

**Feldman, D. B., & Silvia, P. J. (2010).** *Public speaking for psychologists: A lighthearted guide to research presentations, job talks, and other opportunities to embarrass yourself*. Washington, DC: American Psychological Association.

**Feldman, D. B., & Lasher, S. A., Jr. (2008).** *The end-of-life handbook: A compassionate guide to connecting with and caring for a dying loved one*. Oakland, CA: New Harbinger Publications.

### **Book Chapters**

**Feldman, D. B., Jacqueline, Ge, & Baxter, J. B. (in press).** Hope. In H. Friedman & C. Markey (Ed.), *Encyclopedia of mental health, third edition*. New York: Elsevier.

**Feldman, D. B., & von Garnier, S. (2018).** Nurturing hope: Tools for cultivating hopeful thinking and a meaningful life. In T. G. Plante (Ed.), *Healing with spiritual practices: Proven techniques for disorders from addictions and anxiety to cancer and chronic pain* (pp. 14-26). Westport, CT: Praeger.

Gallagher, M. W., Cheavens, J. C., Edwards, L., **Feldman, D. B.**, Gum, A., Marques, S., Rand, K. L., Ritschel, L., Pedrotti, L. T., & Shorey, H. S. (2018). Future directions in the science of hope. In S. J. Lopez & M. W. Gallagher (Eds.), *The Oxford handbook of hope* (pp. 353-361). New York: Oxford University Press.

**Feldman, D. B., Balaraman, M., & Anderson, C. (2018).** Hope and meaning-in-life: Points of contact between hope theory and existentialism. In S. J. Lopez & M. W. Gallagher (Eds.), *The Oxford handbook of hope* (pp. 341-351). New York: Oxford University Press.

**Feldman, D. B., Fischer, I. C., & Gressis, R. A. (2016).** What good is religious belief for fear of death and grief? In N. Hinerman & H. L. Baumgartner (Eds.), *Blunt Traumas: Negotiating Suffering and Death*. Oxford, England: Inter-Disciplinary Press.

**Feldman, D. B., & Bach, J. (2015).** Hope. In H. Friedman (Ed.), *Encyclopedia of mental health, second edition* (pp. 332-336). New York: Elsevier.

Sorocco, K. H., Bratkovich, K. L., Whalen, J., & **Feldman**, D. B. (2014). Posttraumatic stress disorder and end-of-life care. In M. Matzo & D. W. Sherman (Eds.), *Palliative Care Nursing, Fourth Edition* (pp. 547-558). New York: Springer.

Maddux, J., **Feldman**, D. B., & Snyder, C. R. (2014). Promoting Mental Health and Psychological Well-Being in Adulthood. In T. Gullotta & M. Bloom (Eds.), *Encyclopedia of primary prevention and health promotion, second edition*. New York: Springer.

**Feldman**, D. B. (2013). The meaning of hope and vice versa: Goal-directed thinking and the construction of a meaningful life. In J. Hicks & C. Routledge (Ed.), *The experience of meaning in life: Classical perspectives, emerging themes, and controversies* (pp. 141-150). New York: Springer.

**Feldman**, D. B., Davidson, O. B., & Margalit, M. (2013). Promoting Hope, Sense of Coherence and Self-Efficacy in College: The Salutogenic Paradigm. In C. Krause & C. H. Mayer (Ed.), *Mental health: Theoretical and empirical discourses on salutogenesis*. London: LIT Publishers.

**Feldman**, D. B., & Kubota, M. (2012). Hope: Psychological perspectives on a spiritual virtue. In T. G. Plante (Ed.), *Religion, Spirituality, and Positive Psychology: Understanding the Psychological Fruits of Faith* (pp. 49-62). Westport, CT: Praeger/Greenwood.

**Feldman**, D. B., & Llamas, J. (2011). Working with family caregivers of persons with terminal illness. In S. H. Qualls & J. Kasl-Godley (Eds.), *End-of-life issues, grief, and bereavement: What clinicians need to know* (pp. 64-84). Hoboken, NJ: Wiley.

Pisca, N. E. & **Feldman**, D. B. (2009). Purpose in Life. In S. J. Lopez (Ed.), *The encyclopedia of positive psychology* (pp. 812-816). London: Blackwell.

**Feldman**, D. B., Kasl-Godley, J., Khouzam, A., Pisca, N. E., Cabrera, A. P., & Donboli, M. (2008). From cure to quality of life: The shifting meaning of hope at the end of life. In W. Bauman (Ed.), *Hope: Global interdisciplinary perspectives* (pp. 133-146). Oxford, England: Inter-Disciplinary Press.

McNichols, K. Z., & **Feldman**, D. B. (2007). Spirituality at the end of life: Issues and guidelines for care. In T. G. Plante & C. E. Thoresen (Eds.), *Spirit, science and health: How the spiritual mind fuels the body*. Westport, CT: Praeger/Greenwood.

Maddux, J., Snyder, C. R., & **Feldman**, D. B. (2003). Mental health, adulthood: Goals, hope, and happiness. In T. Gullotta & Martin Bloom (Eds.), *Encyclopedia of primary prevention and health promotion* (pp. 696-705). New York: Kluwer.

**Feldman**, D. B., & Snyder, C. R. (2002). The State Hope Scale. In J. Maltby, C.A. Lewis, and A. Hill (Eds.), *A handbook of psychological tests*. Lampeter, Wales, UK: Edwin Mellen.

Snyder, C. R., & **Feldman**, D. B. (2000). Hope for the many: An empowering social agenda. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 389-412). San Diego, CA: Academic Press.

Taylor, J. D., **Feldman**, D. B., Saunders, R. W., & Ilardi, S. S. (2000). Hope theory and cognitive-behavioral therapies. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 389-412). San Diego, CA: Academic Press.

**Popular Press Articles (abbreviated representative list)**

**Feldman, D. B., & Corn, B. W. (2022).** Hope is not optimism. *Aeon*. Retrieved from <https://aeon.co/essays/true-hope-takes-a-hard-look-at-reality-then-makes-a-plan>

**Feldman, D. B. (2022).** Your hidden superpowers: Hope. *Psychology Today*, April, 52.

**Feldman, D. B. (2021).** Why nostalgia is on the rise. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/node/1167220/preview>

**Feldman, D. B. (2021).** Three things people say that aggravate psychologists. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/node/1163554/preview>

**Feldman, D. B. (2020).** Is it still possible to hope? *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/supersurvivors/202006/is-it-still-possible-hope>

**Feldman, D. B. (2020).** Two reasons it's not good to be happy all the time. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/node/1145750/preview>

**Feldman, D. B. (2019).** Is psychology a science? *Front Vision Magazine*, August, 100-104.

**Feldman, D. B. (2019).** Happiness for sale. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/supersurvivors/201903/happiness-sale>

**Feldman, D. B. (2019).** Is optimism ever unhealthy? *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/supersurvivors/201902/is-optimism-ever-unhealthy>

**Feldman, D. B. (2018).** The paradoxical secret to finding meaning in life. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/us/blog/supersurvivors/201805/the-paradoxical-secret-finding-meaning-in-life>

**Feldman, D. B. (2018).** Do dreams really mean anything? Deciphering nocturnal symbols is fun, but the reality is more complicated. *Psychology Today*, June, 20.

**Feldman, D. B. (2018).** Why do people blame the victim? *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/supersurvivors/201803/why-do-people-blame-the-victim>

**Feldman, D. B. (2017).** Safety pins for slackers. *Psychology Today*, July/August, 40-41.

**Feldman, D. B. (2017).** Is psychology really a science? *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/supersurvivors/201710/is-psychology-really-science>

**Feldman, D. B. (2017).** Why giving up can sometimes be good. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/supersurvivors/201709/why-giving-can-sometimes-be-good>

**Feldman, D. B. (2015).** Is it right to blame depression for the crash of Germanwings flight 9525? *Huffington Post*. Retrieved from [http://www.huffingtonpost.com/david-feldman/is-it-right-to-blame-depression-for-the-crash-of-germanwings-flight-9525\\_b\\_7011660.html](http://www.huffingtonpost.com/david-feldman/is-it-right-to-blame-depression-for-the-crash-of-germanwings-flight-9525_b_7011660.html)

**Kravetz, L. D., & Feldman, D. B. (2015).** Holding grudges is bad for our health. *Huffington Post*. Retrieved from [http://www.huffingtonpost.com/lee-daniel-kravetz/forgiveness-health\\_b\\_7155694.html](http://www.huffingtonpost.com/lee-daniel-kravetz/forgiveness-health_b_7155694.html)



**Feldman, D. B., & Kravetz, D. B. (2014).** Three myths that can keep you unhappy. *MindBodyGreen*. Retrieved from <http://www.mindbodygreen.com/0-15055/3-myths-that-keep-you-unhappy.html>

### **Other Publications**

Corn, B. W., & **Feldman, D. B.** (in press). The ethics of hope: A moral imperative for oncologists [editorial]. *JAMA Oncology*.

Corn, B. W., & **Feldman, D. B.** (in press). Hope during somber times: A defining moment [editorial]. *JNCI: Journal of the National Cancer Institute*.

Corn, B. W., & **Feldman, D. B.** (2022). It's hard to extinguish hope [editorial]. *Cancer, 128*, 1168-1170.

**Feldman, D. B., & Lohse, D. (2018).** A hidden gem of Ignatian leadership at Santa Clara University. *Connections: The Journal of the Association of Jesuit Colleges and Universities*. Retrieved from <http://www.ajcunet.edu/march-2018-connections/2018/2/26/santa-clara-university-thematic>

**Feldman, D. B., & Silvia, P. J. (2011).** Don't do that! Five things to avoid when planning your first conference speech. *Eye on Psi Chi, 15*, 23-25.

**Feldman, D. B. (2010).** Book review: The Psychology of Hope. *Turning Points, December*, 3-4.

**Feldman, D. B. (2009).** Setting the conditions for hope. *Healing Journeys, Spring*, 1-3.

**Feldman, D. B. (2008).** A grandson's devotion results in *The End-of-Life Handbook*. *Aging Today, 29*, 14-15.

**Feldman, D. B. (2000b).** Blood, sweat, and careers III: An interview with Dr. Jack Wiggins about the quest to gain prescription privileges for psychologists and what graduate students should know about it. *The Clinical Psychologist, Winter*.

**Feldman, D. B. (2000).** Blood, sweat, and careers II: Marsha Linehan and C. R. Snyder offer stories and advice for graduate students. *The Clinical Psychologist, Fall*.

**Feldman, D. B. (1999).** Blood, sweat, and careers: Two successful psychologists offer stories and guidance for graduate students. *The Clinical Psychologist, Winter*.

## ***Presentations***

### **Peer-Reviewed Conference Presentations**

**Feldman, D. B. (2022, October).** *An evidence-based model of hope and its application to oncology*. Presentation delivered at the annual World Cancer Congress, Geneva, Switzerland and online.

Ge, J. L., **Feldman, D. B., & Shu, A. T. (2022, April).** *Hope and intrinsic academic motivation in Asian American and White college students*. Presentation delivered at the annual meeting of the Western Psychological Association, Portland, OR.

**Feldman, D. B., O'Rourke, M. A., Corn, D., Subbiah, I. M., Manasseh, M., Hudson, M. F., Agarwal, R., Bakitas, M. A., Fraser, V. L., Fowler, L. A., Ge, J., Corn, B. W. (2021, September).** *Hope-enhancement workshops in the SWOG Cancer Research Network: Feasibility of an online intervention*. Presentation

delivered at the annual American Society of Clinical Oncology Quality Care Conference, Boston, MA and online.

**Feldman, D. B., Hudson, M. F., Subbiah, I. M., O'Rourke, M. A., Agarwal, R., Fraser, V. L., Deininger, H. E., Fowler, L. A., Corn, B. W.** (2021, August). *Relationships among hope, burnout, and life satisfaction in oncology healthcare professionals*. Presentation delivered at the annual convention of the American Psychological Association, online (due to COVID-19).

**Feldman, D. B., O'Rourke, M. A., Corn, B. W., Hudson, M. F., Agarwal, R., Fraser, V., Deininger, H. E., Fowler, L., & Subbiah, I.** (2021, June). *Development and validation of the self-efficacy for medical communication scale*. Presentation delivered at the annual American Society of Clinical Oncology conference, online (due to COVID-19).

Hudson, M. F., Subbiah, S., Fraser, V., O'Rourke, M. A., Corn, B. W., Fowler, L. A., Patel, N., & **Feldman, D. B.** (2021, March). *Perceived communication competence as a potential mediator of health care provider burnout*. Presentation delivered at the annual American Psychosocial Oncology Society conference, online (due to COVID-19).

**Feldman, D. B., O'Rourke, M. A., Bakitas, M. A., Krouse, R. S., Deiniger, H. E., Hudson, M. F., & Corn, B. W.** (2020, October). *A hopefulness survey of oncology professionals: Relationships among hope, job stress, and burnout*. Presentation delivered at the annual American Society of Clinical Oncology Quality Care Symposium, online (due to COVID-19).

Hudson, M. F., O'Rourke, M. A., Blackhurst, D. W., Caldwell, J. D., **Feldman, D. B.**, Corn, B. W., & Horner, R. D. (2020, September). *Relationship between clinical work intensity, hopefulness and well-being among medical oncologists*. Presentation delivered at the annual American Society of Clinical Oncology Quality Care Conference, online (due to COVID-19).

Rubens, S., **Feldman, D. B.**, Soliemannjad, R. S., Sung, A., & Gudiño, O. G. (2020, August). *Hope, daytime sleepiness, and academic outcomes in low-income, Latinx youth*. Presentation delivered at the annual convention of the American Psychological Association, online (due to COVID-19).

Rubens, S., **Feldman, D. B.**, & Gudiño, O. G. (2019, August). *Hope, sleep problems, and depressive symptoms in Latinx adolescents*. Poster presented at the annual convention of the American Psychological Association, Chicago, IL.

**Feldman, D. B.** (2018, May). *The role of hope in the pursuit of a non-conscious academic achievement goal*. Presentation delivered at the annual convention of the Association for Psychological Science, San Francisco, CA.

Shapiro, J. L., Patterson, T., & **Feldman, D. B.** (2017, August). *Existential and cognitive-behavior couples therapy: Different heuristics, amicable companions*. Presentation delivered at the annual convention of the American Psychological Association, Washington D.C.

Anderson, C. L., & **Feldman, D. B.** (2016, August). *Hope and frequency of exercise*. Poster presented at the annual convention of the American Psychological Association, Denver, CO.

Balaraman, M., & **Feldman, D. B.** (2016, August). *Hope, optimism, and coping during clinical practicum*. Poster presented at the annual convention of the American Psychological Association, Denver, CO.

**Feldman, D. B., & Phillips, P.** (2015, November). *Hope in hospice: Riding the waves*. Presentation delivered at the annual California Hospice and Palliative Care Association conference, Long Beach, CA.

Heiy, J., **Feldman, D.**, Rand, K., & Cheavens, J. (2015, February). *A laboratory-based assessment of hope theory: Goals and pathways*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

**Feldman, D. B.**, Fischer, I. C., & Gressis, R. A. (2014, November). *What good is religious belief for fear of death and grief?* Paper presented at annual Making Sense of Suffering, Death, and Dying conference, Prague, Czech Republic.

Kubota, M., **Feldman, D. B.**, Bach, J., & Kravetz, L. D. (2014, February). *Hope, self-efficacy, optimism, and GPA: A path-analytic study*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Scolio, J., **Feldman, D. B.**, & Stiles, W. B. (2010, June). *Testing the efficacy of a self-help technique that combines descriptions and reflections of problem-specific feelings and thoughts*. Paper presented at the annual conference of the Society for Psychotherapy Research, Asilomar, CA.

Scolio, J., **Feldman, D. B.**, & Stiles, W. B. (2009, October). *Testing a self-help technique that combines mindfulness and reflection of feeling*. Paper presented at the annual conference of the New England Society of Psychotherapy Research, Williams College, Williamstown, MA.

**Feldman, D. B.**, & Sills, J. R. (2009, April). *Hope, education, and the importance of health behavior among Asian and Latino immigrant populations*. Paper presented at the annual Society of Behavioral Medicine conference, Montreal, Canada.

**Feldman, D. B.**, Kasl-Godley, J., Khouzam, A., Pisca, N. E., Cabrera, A. P., & Donboli, M. (2007, September). *From cure to quality of life: The shifting meaning of hope at the end of life*. Paper presented at third annual Hope: Probing the Boundaries conference, Oxford University, Oxford, England.

**Feldman, D. B.** (2007, June). *Posttraumatic stress disorder at the end of life*. Presentation delivered at the annual International Congress on Traumatic Stress, Buenos Aires, Argentina.

**Feldman, D. B.**, & Dunn, M. (2006, September). *Palliative care in individuals with spinal cord injury: Psychosocial guidelines and challenges*. Presentation delivered at the annual conference of the American Association of Spinal Cord Injury Psychologists and Social Workers, Las Vegas, NV.

Kaal, K. J., & **Feldman, D. B.** (2006, June). *Assumptive Worldview in Acquaintances of Trauma Victims*. Poster presented at the 4<sup>th</sup> World Congress on Traumatic Stress, Buenos Aires, Argentina.

Phillips, P. B., & **Feldman, D. B.** (2005, March). *Depth perception: Psychology and spiritual care at the end of life*. Presentation delivered at the annual conference of the Association of Professional Chaplains, Albuquerque, NM.

Phillips, P. B., & **Feldman, D. B.** (2005, February). *Depth perception: Psychology and spiritual care at the end of life*. Presentation delivered at the annual conference of the California Hospice Foundation, Berkeley, CA.

**Feldman, D. B.** (2002, July). *Finding Order in Chaos: Informational construals in the benefit-finding process*. Poster presented at the biannual conference of the International Society for Personal Meaning, Vancouver, Canada.

**Feldman, D. B., & Snyder, C. R.** (2001, August). *Hope, goals, and meaning in life: Shedding new light on an old problem*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

Cheavens, J. C., Gum, A., **Feldman, D. B.**, Michael, S. T., & Snyder, C. R. (2001, August). *A brief group intervention for raising hope*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

**Feldman, D. B., & Snyder, C. R.** (2001, May). *Traumatic information: The theoretical and empirical associations of hope and belief with stress-related growth*. Poster presented at the annual conference of the Midwestern Psychological Association, Chicago, IL.

Snyder, C. R., **Feldman, D. B.**, Taylor, J. D., Schroeder, L. L., Gum, A., Michael, S., & Adams III, V. (2000, October). *Children's hope: A problem prevention approach*. Poster presented at the Kansas Conference in Clinical Child Psychology: Translating Research into Action, Lawrence, KS.

Snyder, C. R., Taylor, J. D., Schroeder, L. L., **Feldman, D. B.**, Cheavens, J., Thompson, L. Y., & Tran, T. (2000, October). *Children's hope: A strength enhancement approach*. Poster presented at the Kansas Conference in Clinical Child Psychology: Translating Research into Action, Lawrence, KS.

#### **Invited Presentations (abbreviated representative list)**

**Feldman, D. B.** (2023, April). *The science of hope*. Keynote address delivered at the Building Health Academic Communities National Summit, University of North Carolina Wilmington, Wilmington, NC.

**Feldman, D. B.** (2023, February). *The science of hope*. Invited address delivered at the Phi Beta Kappa Northern California annual conference, Asilomar, CA.

**Feldman, D. B.** (2022, November). *How hope is often misunderstood and why it's important*. Keynote address delivered at the annual Bay Area Cancer Connections conference, San Mateo, CA.

**Feldman, D. B.** (2022, November). *Grounded hope: Why hope matters in times of stress and loss*. Webinar presentation delivered for Parent Venture, San Mateo, CA.

**Feldman, D. B.** (2022, April). *Hope: What it is and why it's important for psychological well-being, physical health, and provider burnout*. Presentation delivered at the Grand Rounds of the Department of Psychiatry and Behavioral Health, The Ohio State University School of Medicine, Columbus, OH.

**Feldman, D. B.** (2022, March). *The power of hope: Associations with psychological well-being, physical health, and provider burnout*. Presentation delivered at the Grand Rounds of the College of Public Health, University of Nebraska Medical Center, Omaha, NE.

**Feldman, D. B., & Corn, B. W.** (2021, April). *Hope: A research agenda*. Plenary address delivered at the biannual conference of the SWOG Cancer Research Network, online (due to COVID-19).

**Feldman, D. B.** (2021, February). *"If I had to choose between being smart or high in hope, I'd choose hope."* A retrospective with some implications for the future of hope theory. Presentation delivered at the Hope and Well-Being Conference, Hope Research Institute, Rehovot, Israel (online due to COVID-19).

**Feldman, D. B.** (2021, February). *The hope workshop: A single-session hope intervention.* Presentation delivered at the Hope and Well-Being Conference, Hope Research Institute, Rehovot, Israel (online due to COVID-19).

**Feldman, D. B., O'Rourke, M. A., Bakitas, M. A., Krouse, R. S., Deiniger, H. E., Hudson, M. F., & Corn, B. W.** (2021, January). *A hopefulness survey of SWOG members: Relationships among hope, job stress, and burnout.* Presentation delivered at the Best of SWOG Cancer Research Network symposium, online (due to COVID-19).

**Feldman, D. B., O'Rourke, M. A., Krouse, R. S., Bakitas, M. A., Deiniger, H. E., Hudson, M. F., & Corn, B. W.** (2020, April). *The science of hope: Measuring and enhancing hopefulness in patients and providers.* Plenary address delivered at the biannual conference of the SWOG Cancer Research Network, online (due to COVID-19).

**Feldman, D. B., O'Rourke, M. A., Mitin, T., & Corn, B. W.** (2019, April). *A survey of hopefulness in oncology providers and researchers.* Presentation delivered at the biannual conference of the SWOG Cancer Research Network, San Francisco, CA.

**Feldman, D. B.** (2018, September). *The power of hope: Three decades of research in education, psychotherapy, and healthcare.* Keynote address delivered at The Power of Hope conference, Peres Academic Center, Rehovot, Israel.

**Feldman, D. B.** (2018, February). *The possibility of growth in the face of trauma, loss, and serious illness.* Keynote address delivered at the 14<sup>th</sup> annual Nathan Adelson Hospice Multicultural Conference, Las Vegas, NV.

**Feldman, D. B.** (2016, May). *The science and stories of posttraumatic growth and supersurvival.* Keynote address delivered at the 2016 Kara Grief and Loss conference and fundraising event, Palo Alto, CA.

**Feldman, D. B.** (2016, April). *The possibility of growth in the face of trauma.* Keynote address delivered at the annual conference of the California Association for Licensed Professional Clinical Counselors (CALPCC), San Jose, CA.

**Feldman, D. B.** (2015, October). *Beyond survival: Posttraumatic growth and thriving.* Keynote address delivered at the 22<sup>nd</sup> annual Santa Clara County Domestic Violence Conference, Santa Clara, CA.

**Feldman, D. B.** (2015, August). *Turning surviving into thriving.* Workshop for the faculty and staff of Sinclair Community College, Dayton, OH.

**Feldman, D. B.** (2015, August). *Hope: What it is and why it's important in higher education.* Keynote address delivered at annual faculty convocation, College of Lake County, North Shore-Chicago, IL.

**Feldman, D. B.** (2015, March). *Growth in the midst of suffering.* Invited address delivered at the eighth annual Compassion in Action hospice and palliative care conference, Santa Clara, CA.

**Feldman, D. B., & Kravetz, L. D. (2014, August).** *Suffering and success in Silicon Valley*. Invited address delivered at the annual LitQuake book conference, Palo Alto, CA.

**Feldman, D. B., & Kravetz, L. D. (2014, August).** *The surprising link between suffering and success*. Presentation for the staff of Facebook, Menlo Park, CA.

**Feldman, D. B., & Kravetz, L. D. (2014, July).** *Supersurvivors: In conversation with Dan Arieli*. Presentation and Q&A at the Google main campus, Mountain View, CA.

**Feldman, D. B. (2014, March).** *Hope: What it is and why it's important in higher education*. Workshop for the faculty and staff of Sinclair Community College, Dayton, OH.

**Feldman, D. B., (2013, March).** *Nurturing hope in hospice*. Presentation at annual Kaiser Permanente Hospice retreat, Villombrosa Retreat Center, Menlo Park, CA.

**Feldman, D. B. (2012, May).** *The shifting nature of hope at the end of life*. Presentation at annual Kaiser Permanente Hospice retreat, El Retiro Retreat Center, Los Altos, CA.

**Feldman, D. B. (2011, June).** *Posttraumatic stress disorder and anxiety at the end of life*. Invited address delivered at the Department of Veterans Affairs Integrating Mental Health into Palliative Care conference, Phoenix, AZ.

**Feldman, D. B. (2010, October).** *The power of hope*. Invited address delivered at the annual Cancer as a Turning Point conference, San Mateo, CA.

**Feldman, D. B. (2010, June).** *Preparing and delivering an academic job talk*. Presentation delivered to the doctoral students and faculty of the Department of Psychology, University of Kansas, Lawrence, KS.

**Feldman, D. B. (2010, January).** *Public speaking without embarrassing yourself*. Presentation delivered to the undergraduates, graduate students, and faculty of the Department of Psychology, Ohio State University, Columbus, OH.

**Feldman, D. B., & Lasher, S. A., Jr. (2009, March).** *Unexpected opportunities: How some patients and families find love, humor, and hope at the end of life*. Invited address delivered at the second annual Compassion in Action hospice and palliative care conference, Santa Clara, CA.

**Feldman, D. B. (2009, March).** *From cure to quality of life: The shifting nature of hope at the end of life*. Invited address delivered at the second annual Compassion in Action hospice and palliative care conference, Santa Clara, CA.

**Feldman, D. B. (2009, June).** *Hope: What it is and why it's Important for Cancer Survivors*. Invited address delivered at the annual Cancer as a Turning Point conference, Greenville, SC.

**Feldman, D. B. (2008, November).** *Hope: What it is and why it's important*. Invited address delivered at the Happiness and Its Causes conference, San Francisco, CA.

**Feldman, D. B. (2008, September).** *From cure of quality of life: The shifting meaning of hope at the end of life*. Keynote address delivered at the annual Palliative Care Conference, California Pacific Medical Center, San Francisco, CA.

**Feldman, D. B.** (2008, July). *Counseling the family caregivers of terminally ill patients*. Invited presentation delivered at the annual National Clinical Geropsychology Conference, University of Colorado at Colorado Springs.

**Feldman, D. B.** (2008, May). *The psychosocial treatment of posttraumatic stress disorder at the end of life*. Invited presentation delivered at the Department of Veterans Affairs Collaborations in Home and Community-Based Care conference, Minneapolis, MN.

## ***Media Appearances***

### **Radio**

Host of KPFA Radio's *About Health* program (June 2018 to present). I host the show twice monthly in the Monday 2-3pm slot, which consists of long-form interviews with authors and luminaries in the domains of mental and physical health. Founded in 1949, KPFA (94.1 FM) was the first listener-supported radio station in the United States. Broadcasting to the San Francisco Bay Area, it was the founding station of Pacifica Radio Network, which now has affiliates across the country.

### **Podcast**

Host of the *Psychology in 10 Minutes* podcast (July 2017 to present). "Find out something new about psychology while you sip your morning coffee." The podcast's mission is to communicate the excitement of real psychological science to the public. In each episode, I try to offer listeners intriguing and useful content in under 10 minutes. – <http://psychologyin10minutes.com>

### **Media Interviews (abbreviated representative list)**

American Psychological Association *Monitor on Psychology*, "The Role of Psychology in Palliative Care" (July, 2022) – <https://www.apa.org/monitor/2022/07/feature-palliative-care>

American Psychological Association *Monitor on Psychology*, "More Growth for Patients in Less Time: Psychologists are Applying Research on Single-session Interventions to Improve Patients' Symptoms in one Visit" (April, 2022) – <https://www.apa.org/monitor/2022/04/feature-growth-patients>

NPR/WOSU Columbus, Ohio's *All Sides* program (June 10, 2020), "Why It's Not Good to Feel Happy All the Time" – <https://radio.wosu.org/post/wellness-wednesday-neurological-mysteries-coronavirus> (interview begins at 17:00)

*SuperPsyched with Dr. Adam Dorsay* (May 24, 2020). "The Science of Hope" – <https://podcasts.apple.com/us/podcast/8-the-science-of-hope-dr-david-feldman/id1512883587?i=1000475604687>

NPR/WOSU Columbus, Ohio's *All Sides* program (April 22, 2020), "Pursuing Goals during a Pandemic" – <https://radio.wosu.org/post/wellness-wednesday-new-alzheimer-s-treatments> (interview begins at 17:20)

KTVU 2 News San Francisco, *Daily Coronavirus Update* (March 27, 2020), "Why Do Some People Prepare for Coronavirus and Some Don't?" – <https://www.ktvu.com/video/668158> (interview begins at 1:18:00)

CHQR Radio Calgary (February 20, 2020), "Do Dreams Really Mean Anything?"

CBC's *Tapestry* program (July 20, 2018), "Debunking the 5 Stages of Grief" – <https://www.cbc.ca/radio/tapestry/better-ways-to-live-with-grief-1.4723337/debunking-the-5-stages-of-grief-1.4723345>

KPFA Radio Berkeley's *About Health* program (May 28, 2018), "Trauma, Resilience, and Hope" – <https://kpfa.org/episode/about-health-may-28-2018/>

KGO Radio San Francisco's *Ethan Bearman* show (March 5, 2018), "Why Do People Blame the Victim? Some Answers May Surprise You."

KGO Radio San Francisco's *Ethan Bearman* show (May 3, 2017), "The Brain's Fixation on the Short Term is Hurting Politics."

*Insights Magazine*, "Finding Resilience: A modern look at how Americans are finding personal and financial resilience in uncertain times" (Winter, 2017) – <https://www.regions.com/Insights/Wealth/Wealth-Spotlight/Spotlight/insights-magazine-winter-2017>

*Focus Magazine*, "Stärke, die aus der Schwäche kommt" (October, 2015) – [http://www.focus.de/gesundheit/ratgeber/psychologie/gesundepsyche/titel-staerke-die-aus-der-schwaechekommt\\_id\\_5001399.html](http://www.focus.de/gesundheit/ratgeber/psychologie/gesundepsyche/titel-staerke-die-aus-der-schwaechekommt_id_5001399.html)

'O': *The Oprah Magazine*, "Is There an Upside to Tragedy?" (July 1, 2015) – <http://www.oprah.com/inspiration/post-traumatic-growth>

NPR/Cape Cod Public Radio's *The Point* program (June 16, 2015) – <http://capeandislands.org/post/trauma-survivors-who-become-superstars#stream/0>

*Fortune Magazine*, "Mit Romney and the Downside of Blind Perseverance" (January 18, 2015) – <http://fortune.com/2015/01/18/mitt-romney-perseverance-president/>

NPR/KQED San Francisco's *Forum* program (November 18, 2014) – <http://ww2.kqed.org/forum/2014/11/06/bay-area-psychologists-on-why-trauma-makes-some-stronger/>

*Chicago Tribune*, "Funeral Guests Behaving Badly: How to Cope" (September 23, 2014) – <http://www.chicagotribune.com/lifestyles/sc-fam-0923-funeral-bad-behavior-20140923-story.html>

MSNBC's *The Cycle* (July 7, 2014) – <http://www.msnbc.com/the-cycle/watch/how-to-move-forward-after-trauma-298771011977>

*Business Insider*, "The Surprising Link Between Suffering and Success" (June 27, 2014) – <http://www.businessinsider.com/how-supersurvivors-bounce-back-2014-6>

NPR/Texas Public Radio's *Think* program (July 28, 2014) – <http://www.kera.org/2014/07/28/pain-then-gain/>

NPR/Wisconsin Public Radio's *Joy Cardin Show* (June 30, 2014) – <http://www.wpr.org/listen/606581>

Oprah Network's *#OWNSHOW* (July 8, 2014) – <http://www.oprah.com/own-show/Signs-Youre-A-Supersurvivor>



## ***Teaching and Administrative Experience***

**Professor of Counseling Psychology**, Santa Clara University (on faculty from 2005 to present, promoted to full professor in Fall 2017)

*Courses:* CPSY 214 (Evidence-Based Approaches to Psychotherapy), CPSY 217 (Short-Term Approaches to Psychotherapy), CPSY 218 (Theories of Personality and Psychotherapy), CPSY 224 (Evidence-Based Treatments I), CPSY 225 (Evidence-Based Treatments II), CPSY 265 (Cognitive-Behavioral Therapy), CPSY 291 (Counseling for Grief, Loss, and Trauma), CPSY 318 (Clinical Assessment I: Advanced Psychopathology), PSYC 160 (Personality).

*Duties:* “CPSY” courses graduate-level, “PSYC” courses are undergraduate-level.

**Chair, Department of Counseling Psychology**, Santa Clara University (Fall 2017 to Fall 2019)

*Description:* At Santa Clara University, the position of Department Chair is a time-limited appointment that rotates among faculty members. The position involves coordinating nearly all aspects of the department’s operation, including short- and long-term planning, overseeing faculty evaluation, supervising staff, hiring and managing adjunct instructors, facilitating faculty meetings, and addressing students of concern.

**Director, Ignatian Faculty Forum**, Santa Clara University (Fall 2016 to present)

*Description:* For the past several years, I have directed this university-wide leadership development program. The IFF seeks to develop faculty personally and professionally in the model of “servant leadership,” focusing on the values and mission of the university in a context of diversity and inclusion. Since its inception in 2002, more than 160 faculty members have participated in the program.

**Center for Professional Development**, Santa Clara University, Santa Clara, CA (2006 to present)

*Courses:* CPSY x236 (Cognitive-Behavioral Therapy: Basic Concepts and Techniques), CPSY x237 (Working with Schemas: An Advanced Cognitive-Behavioral Technique); CPSY x263 (Hope: What It Is and Why It’s Essential in Psychotherapy), CPSY x681 (Counseling the Family Caregiver on End-of-Life Issues).

*Duties:* Courses are instructed in the continuing education program run by the graduate counseling psychology program at Santa Clara University.

**Assistant Instructor**, University of Kansas, Lawrence, KS (Summer 2000 to Fall 2002 semesters)

*Courses:* 8 sections of PSYC104 (General Psychology), 6 sections of PSYC120 (Personality), and 2 sections of PSYC121 (Honors Personality).

*Duties:* Responsible for all aspects of instructing the courses listed above.

## ***Clinical Work***

**Licensed Psychologist (California)**

**Spinal Cord Injury Center, Inpatient Unit**, VA Palo Alto Health Care System, Palo Alto, CA

*Dates of work:* March 2005 to September 2005

*Duties:* Worked with patients with quadriplegia and paraplegia who also were experiencing terminal or life-threatening diseases. Assessment, individual/family therapy, and consultation with medical staff. Trained psychosocial and medical personnel regarding end-of-life issues.

**Hospice and Palliative Care Center**, VA Palo Alto Health Care System, Palo Alto, CA

*Dates of work:* March 2003 to September 2005

*Duties:* Assessment, diagnosis, treatment planning, individual therapy, family therapy, couples therapy, consultation with physicians, nurses, and social workers. Populations included inpatients and outpatients suffering from chronic, untreatable, and/or terminal illnesses such as cancer, congestive heart failure, chronic obstructive pulmonary disease, and others.

**Oncology-Hematology Clinic, VA Palo Alto Health Care System, Palo Alto, CA**

*Dates of work:* September 2004 to March 2005

*Duties:* Intake, assessment, and treatment of individuals within an outpatient medical setting. Populations included individuals with cancer and hematologic diseases.

**Outpatient Mental Health Center, VA Palo Alto Health Care System, Palo Alto, CA**

*Dates of work:* March 2003 to August 2004

*Duties:* Assessment, diagnosis, treatment planning, case-management, individual and group treatment. Populations included outpatients with various mental health conditions.

**Spinal Cord Injury Center, Inpatient Unit, VA Palo Alto Health Care System, Palo Alto, CA**

*Dates of work:* September 2003 to February 2004

*Duties:* Assessment, diagnosis, treatment planning, individual therapy, family therapy, couples therapy, consultation with physicians, nurses, and social workers. Populations included veterans and active-duty military personnel with paraplegia, quadriplegia, and multiple sclerosis.

**National Center for PTSD Residential Program, VA Palo Alto Health Care System, Palo Alto, CA**

*Dates of work:* September 2003 to February 2004

*Duties:* Assessment, diagnosis, group facilitation, trauma-focused/exposure therapy, case-management. Populations included veterans and active-duty military personnel with PTSD.

**University of Kansas Psychological Clinic, Lawrence, KS**

*Dates of work:* June 1999 to July 2003

*Duties:* Intake, psychological testing, assessment, diagnosis, individual therapy, family therapy, couples therapy. Populations included adults and adolescents with a variety of diagnoses.

## ***Grants, Awards, & Honors***

**Hope Foundation for Cancer Research Grant (2020-2022)**

Co-PI on this \$50,000 grant to conduct a randomized controlled trial on the effectiveness of an online palliative care communication intervention for physicians. We hypothesize that the intervention (relative to a wait-list control condition) will increase physician self-reported hope, empathy, and self-efficacy regarding communicating difficult health news to patients and their families. In addition, we hypothesize that the intervention will increase patient-reported ratings of these physicians' abilities to communicate information accurately and empathically. As part of this research, we are also developing and validating a new measure of physician self-efficacy for communicating "bad news," the Self-Efficacy for Medical Communication (SEMC) scale.

**Research Grant, Prisma Upstate Cancer Center and University of South Carolina School of Medicine—Greenville (2022)**

PI on this \$15,000 grant to fund a pilot study of the feasibility and acceptability of applying my single-session hope intervention in a sample of women with metastatic breast cancer.

**Outstanding Mentor Award**, Santa Clara University Career Center (2022)

Recipient of this annual award for excellence in mentoring, nominated by graduate students and selected by the university.

**Bannan Research Grant**, Santa Clara University (2021-2022)

Recipient of a research grant from the university to conduct a study examining the efficacy of the “Ignatian Examine,” a daily psychological/spiritual practice combining elements of mindfulness and gratitude practices.

**J. Thomas and Kathleen L. McCarthy Endowment**, Santa Clara University (2017-2022)

Received this 5-year research endowment—one of the university’s highest honors—in recognition of consistent scholarly excellence in service of the values of the institution.

**Fetzer Institute** (2019)

The Fetzer Institute is dedicated to funding research and programs leading to “a more loving world for all.” Each year, the foundation chooses a small number of scholars from around the globe to convene at their campus in a coordinated grant-development process. The Hope Hub international research center—of which I was a founding member—was chosen to be the focus of one of these events. Approximately \$100,000 was invested in bringing scholars of hope, spirituality, and palliative care to participate in this “convening” event (held in August 2019), a major purpose of which was to develop grants fundable by the foundation.

**National League for Nursing Education Research Grant** (2016-2018)

A research team with which I am involved was awarded a \$22,738 grant to study the effectiveness of a single-session hope therapy workshop that I developed for increasing test scores and fostering well-being in nursing students. My status with regard to the grant was consulting investigator. The research study was co-designed by myself and the two PIs on the grant.

**“20 Best Books to Read This Summer”**, *Business Insider* (June, 2014)

My book, *Supersurvivors*, was chosen by this high-profile national publication as one of the top reads of Summer, 2014. Other books chosen included Arianna Huffington’s *Thrive* and the newest edition of the *Freakonomics* series by Steven D. Levitt and Stephen J. Dubner.

**Bannan Research Grant**, Santa Clara University (2013-2014)

Recipient of a research grant from the university to conduct a study examining the association of various aspects of spiritual belief with the grief process in the aftermath of loss.

**“Great Psychology Book” of the Month**, all-about-psychology.com (March, 2010)

My book, *Public Speaking for Psychologists*, was chosen as the March 2010 book of the month on this high-traffic web site for psychology students; past books of the month include Stephen Pinker’s *The Blank Slate* and Philip Zimbardo’s *The Lucifer Effect*.

**Presidential Research Grant**, Santa Clara University (2009-2010)

Recipient of a grant from the university to conduct a study examining the association between being raised with a “helicopter” parenting style and levels of hope in college students.

**Thomas Terry Research Grant**, Santa Clara University (2007-2009)

Recipient of a research grant from the university to conduct a study testing the effectiveness of an intervention to raise hope and goal-achievement in college students.

**Irving-Handelsman Graduate Student Teaching Award, University of Kansas (2002)**

First recipient of an annual award for outstanding performance as an instructor of psychology.

**David Schulman Award, University of Kansas (2001)**

Annual award for overall achievement as a clinical psychology graduate student.

**Undergraduate Awards and Honors, DePauw University (1994-1998)**

*Phi Beta Kappa* (national honors society for undergraduate academics), *Psi Chi* (national honors society in psychology), *Sigma Delta Pi* (national honors society in Spanish), *Magna Cum Laude*.

## ***Editorial and Board Activities***

### **Manuscript Reviewer**

*Cancer* (one manuscript reviewed, 8/21)

*JAMA Oncology* (one manuscript reviewed, 5/21)

*Journal of Personality* (four manuscripts reviewed; 1/09, 7/12, 12/13, 4/19)

*Journal of Positive Psychology* (one manuscript reviewed, 4/18)

*Rehabilitation Psychology* (one manuscript reviewed, 9/17)

*Journal of Happiness Studies* (fourteen manuscripts reviewed; 3/07-present)

*Psycho-Oncology* (one manuscript reviewed; 9/15)

*Learning and Individual Differences* (one manuscript reviewed, 5/15)

*Journal of Research in Personality* (one manuscript reviewed, 1/14)

*Psychological Science* (one manuscript reviewed, 1/13)

*Journal of Social and Clinical Psychology* (ten manuscripts reviewed; 2/99-present)

*Motivation and Emotion* (six manuscripts reviewed; 11/08, 2/10, 6/11, 2/12, 6/12, 2/15)

*Supportive Care in Cancer* (two manuscripts reviewed, 5/15, 7/15)

*Community Mental Health Journal* (one manuscript reviewed, 4/15)

*Journal of Pain and Symptom Management* (one manuscript reviewed, 4/12)

*Journal of Contemporary Psychotherapy* (one manuscript reviewed; 10/09)

*International Journal of Behavioral Medicine* (one manuscript reviewed; 8/08)

*Journal of Research on Adolescence* (one manuscript reviewed; 8/09)

*Patient Education and Counseling* (one manuscript reviewed; 5/07)

*Death Studies* (one manuscript reviewed; 3/06)

*Journal of Applied Social Psychology* (one manuscript reviewed; 12/05)

*Journal of Personality and Social Psychology* (one manuscript reviewed; 11/03)

### **Program Committee, “Hope and Well-Being: During Times of Stress, COVID-19 and Beyond” conference, Rehovot, Israel (9/20-2/21)**

One of three organizers of this international research conference, the inaugural meeting of the Hope Research Institute, centered in the Peres Academic Center, Rehovot, Israel. The conference took place online due to COVID-19. The conference hosted 20 presenters and 160 attendees from 7 countries.

### **Book Proposal Reviewer**

Cambridge University Press (two proposals reviewed, 11/21, 4/23)

Oxford University Press (three proposals reviewed; 4/10, 10/10, 6/23)

### **External Peer-Reviewer for the South African National Research Foundation**

Two reviews completed (7/10, 9/14)

**Program Committee, “Hope: Probing the Boundaries” conference, Oxford, England (3/08-4/08)**

I sat on this committee tasked with reviewing submissions and providing input regarding papers to be included in both the Oxford University conference and the resulting edited book.

**Editor of the “Student Forum” (11/99-11/01)**

The “Student Forum” was the graduate student section of the APA Division 12 newsletter, *the Clinical Psychologist*. Duties included appointing an editorial board, reviewing submissions, making all major editorial decisions, corresponding with authors, and writing occasional columns.

## ***Other Professional Activities***

**Professional Group Memberships**

*American Psychological Association*  
*Association for Psychological Science*  
*American Society of Clinical Oncology*  
*SWOG Cancer Research Network*  
*Western Psychological Association*

**Miscellaneous**

*Con conversationally proficient in Spanish*

***References supplied upon request***